



# Engadine Gymnastics Club Inc.

## 2019 - Members Information, Club Rules and Regulations

Engadine Gymnastics Club is a community run, not for profit organisation that has been established in the local area for over 50 years. We have a proud history and look forward to you being a part of it.

### Expectations from Parents:

- Parents /Guardians must accompany children into and from the Gym. No child will be permitted to leave the gym unless accompanied by their parent or other responsible adult.
- DO NO drop children off in the car park.
- Parents/guardians must turn up for Set-up and Pack-up duty, wearing closed in footwear, on their rostered turns or a substitute date if alternate arrangements have been made.
- KinderGym classes require parent /carer participation.
- Parents are expected to be supportive, ensuring that their child arrives and is pick up on time, is wearing appropriate clothing, has their hair tied up and also has a refillable water bottle. (Clearly marked with the child's name)
- Parents are expected to be supportive and respectful of each other, other spectators, coaches and officials and equipment.
- Parents may watch their child's lesson from the upstairs viewing area.
- Fighting, hitting, bullying of any kind including but not limited to physical, mental, or cyber, and swearing is not allowed and will not be tolerated.
- No smoking in or around the Engadine Gym facility.

### Expectations from participants:

- Participants are expected to be supportive and respectful of each other, other spectators, coaches and officials and equipment.
- Refrain from using any of the gym equipment without permission of the coach.
- No shoes on equipment. Shoes should be worn to and from the carpark, and removed prior to commencing a class.
- Only one (1) participant at a time is allowed on the trampoline and other equipment.
- Unregistered children are NOT allowed on the equipment. Please speak to the head coach first if you would like a come n try visit.
- No one is to be in the store room without the permission of the coach
- No food or drink is to be consumed on or near the equipment.
- Wear appropriate clothing to class and hair must be tied back, preferably plaited.
- No jewellery permitted - exception small studs if ears are pierced.
- All gymnasts must display courteous behaviour at all time and follow the coach's instructions.
- Fighting, hitting, bullying of any kind including but not limited to physical, mental, or cyber, and swearing is not allowed and will not be tolerated.
- Please ensure that you and your child/children are aware of and understand the above rules. They are in a place to encourage a safe and fun environment for all gym participants.

### What can you expect from us:

- All our coaches have Working with Children Checks and are up to date.
- We will treat all our gymnasts with dignity and respect, encouraging them to develop to their maximum potential.
- Coaches cannot guarantee the outcomes of competitions or the degree of competence a gymnast will achieve, however, it is our goal to give the gymnast the best chance of achieving their own potential.
- Engadine Gymnastics may restrict or limit skills for any reason.
- Engadine Gymnastics has the right to deny a person from attending.
- Engadine Gymnastics reserves the right to remove a person(s) that is found to be breaching club rules, policies, or procedures from the premises.

Registration:

- All gymnasts are required to be registered with Gymnastics Australia. This is an annual fee and is non-refundable and non-transferable between participants.
- Registration needs to be submitted prior to selecting and commencing classes every year, for each gymnast.
- If you have selected a class/program which we believe is incorrect or too advanced, or a specialty program which requires an invitation, we will place them in a more suitable program at a similar day or time if available.

Equipment Duty Roster Policy & Agreement

- Parents should understand that Engadine Gymnastics Club Inc. is a not for profit organization and requires all its members to participate in this activity as part of the club rules.
- Parents are required to agree to fulfill their duty in setting up and packing away the gymnastic equipment as indicated on the roster.
- Choices for the roster are:-  
 Tuesday nights – Set-Up - commences at 7.00 p.m (usually takes approx. 1 hour)  
 Thursday nights – Pack-Up - commences at 8.00 p.m. (usually takes approx. 1 hour )  
 or No Preference - (meaning either day is suitable)
- Depending on the number of families enrolled, the average commitment is the choice of evening for two (2) consecutive weeks per term.
- Kindly note that we will endeavour to roster you on the evening of your choice, wherever possible.

The bond this year is \$100. It is added on at registration to the fees of the first registered child in each family. It is a “once per family” fee. Deductions will be made from this bond if you fail to show for a rostered set-up / pack-up evening and/or neglect to make other arrangements (i.e swap with another family or attend on a different night in lieu.

Deductions will be taken on a pro-rata basis, where, if for example a parent misses 1/3 of their rostered days they will lose 1/3 of their bond.

The remainder of the bond will be refunded at the end of the year.

Class Fees & Payments:

- Fees are payable in advance and are non-refundable (unless a medical certificate has been supplied). Fees are due no later than week 3 of each term, unless a payment plan has been arranged. Non-payment of fees after week 3 will result in your child being excluded from class.
- Invoices will be sent to your nominated email address and have payment instructions included. Please use your invoice number as the reference.
- It will be assumed that your child will continue from term to term in their chosen classes unless you notify us, via email, of your intention to discontinue.
- Absence, Illness & Make-up classes:
  - We allow make-up classes for KinderGym only. Non-attendance, including family holidays, does not qualify for a refund, credit or make-up class. Only in the case of serious illness or injury and the presentation of a doctor’s certificate, fees will be credited accordingly. Please email all doctors’ certificates to us for approval.
  - Do not bring sick children to gym. If they are too ill to attend school, then they are too ill to attend gymnastics. Apart from sick children needing rest & recovery time, our coaches and other participants don’t need exposure to other’s illnesses.
  - If a coach gets sick this affects the whole class, which may potentially have to be cancelled.
  - Please send us a courtesy email, advising us if your child will be absent.

2019 – Terms

- We operate during school terms. We do not hold classes in the school holidays.
- This year we will NOT be holding classes in week 10 of Term 2 as most of our coaches will be participating in the World Gymnaestrada event in Austria.
- We hold a Presentation Day at the end of each year where each child participates and we present awards. This is usually on the first Sunday of December. The date for 2019 is yet to be confirmed.

### Uniforms, Clothing and What to Bring:

- Girls – Black 'bike shorts' and a firm fitting top which allow freedom of movement is ideal. (i.e. 'active wear')
- Boys – Black sports shorts or 'bike shorts' and a black bonds style singlet. (Usually available in the schoolwear section of the department stores)
- Club singlets (boys and girls) can be purchased at the desk. They can also be pre-ordered if the required size is not available.
- Hair must be tied back neatly, preferably plaited. Long flowing and even loose short hair restricts movement and vision and is not acceptable. This is a safety requirement.
- Competition class gymnasts – May be required to hire or purchase additional uniforms.
- Please ensure that your child brings a refillable water bottle to each lesson. Ensure their name is clearly marked. In hot weather it is a good idea to pre-freeze a 2/3 full water bottle, remove from freezer and top-up with cold water just prior to bringing the child to gym. This way they have cold water throughout the lesson.

### Communication:

- Most communication will be generated by our computer program. It is essential that your contact records are correct in our system. It is quite easy to log in and update your details using the log in that was emailed to you upon registration. If you have any queries please do not hesitate to contact us via email addressed to - [gymgems@bigpond.com](mailto:gymgems@bigpond.com) (Engadine Gymnastics Club)

### Lost Property:

- At Engadine Gymnastics Club we encourage the gymnasts to be responsible for their belongings. Any items left at the gym after classes will be kept in the storeroom and brought out each week to be claimed. If there is any unclaimed property remaining at the end of the term it will be donated to charity.

### Waiver:

- This handbook is general in nature & its brevity could lead to misinterpretation. No responsibility can be accepted for those who act on its contents without first consulting the head coach to obtain specific advice. When you register, Terms & Conditions are available to read. It is mandatory to read and accept these terms to continue with the registration process.